



GOVERNMENT OF BALOCHISTAN  
**Balochistan Food Authority**

Dated Quetta, the 27<sup>th</sup> April, 2022

**NOTIFICATION**

**No. BFA HQ/Legal/ Oper: Rules /2022/ 19.** In exercise of the powers conferred by section 56 of the Balochistan Food Authority Act, 2014 (Act No. VI of 2014), the Balochistan Food Authority, with the approval of Government of Balochistan, is pleased to make the following rules, namely:-

**1. Short title and commencement:-** (1) These rules may be called as "The Balochistan Educational Institutions Food Standard Rules, 2022."

(2) They shall come into force at once.

**2. Objective:-** To ensure availability of food that is cost effective, hygienic, nutritious and free of adulteration to the students of educational institutions, in order to promote better mental and physical health and development of students.

**3. Definitions:-** (1) In these rules, unless there is anything repugnant in the subject or context;

(a) "Food" means anything used as food or drink for human consumption other than drugs, includes:-


- (i) any substance which is intended for use in the preparation of food;
- (ii) any flavouring agent or condiment;
- (iii) any colouring matter intended for use in food;
- (iv) chewing gum, confectionery and other products of like nature;
- (v) water in any form including ice, intended for human consumption or for use in the composition or preparation of food; and
- (vi) any other thing prescribed as food;

(b) "Canteen, Cafeteria, Mess, etc:" means an establishment in educational institutions where food is produced, manufactured, sold, supplied and /or served;

(c) "Educational Institution": means an educational institution includes, but not limited to, Primary Schools, Junior Schools,

Secondary Schools, Higher Secondary Schools, Colleges, Universities, Religious Madaris, Vocational Training Institutions and Academies imparting tuition etc;

- (d) **“Food Authority”**: means the Balochistan Food Authority;
- (e) **“Junior Educational Institution”**: means an educational institution that provides education of Pre-School to Class five (5);
- (f) **“Senior Educational Institution”**: means an educational institution that provides education of Class six (6) to Matric/O-Levels;
- (g) **“College”**: means an educational institution that provides education of Intermediate / A-Level;
- (h) **“University”**: means an educational institution that provides education and offers BA/BSc/BS/B.Com/MA/MSc/MS/M.Com or equivalent degrees;
- (i) **“Green Labeled Food”**: means food as defined under Schedule “A” of these rules;
- (j) **“Yellow Labeled Food”**: means food as defined under Schedule “B” of these rules;
- (k) **“Red Labeled Food”**: means food as defined under Schedule “C” of these rules;

 (2) The words and expressions used but not defined hereinabove sub rule (1), unless the context otherwise requires shall have the same meanings as are assigned to them in the Balochistan Food Authority Act, 2014.

4. These rules shall apply to Canteen, Cafeteria. Mess etc, of all the Educational Institutions including, but not limited to, Colleges, Universities, Religious Madaris, Vocational Training Institutions and Academics imparting tuition etc: and shall also apply to shops, vendors, food business operators, etc. situated within 100 meter radius of an educational institution.

5. No Canteen, Cafeteria. Mess etc. of any educational institution, and no shopkeeper, vendor, food business operator, etc. within 100 meter radius of an educational institution shall produce, manufacture, sell, supply and/or serve the food items as mentioned in the category of “Red Labeled Food” in these rules.


6. The Canteen, Cafeteria. Mess etc. of an educational institution, and shopkeepers, vendors, food business operators, etc. within hundred (100) meter radius of an educational institution may produce, manufacture, sell, supply and/or

serve the food items as mentioned in the category of "Yellow-Labeled Food" in these rules provided that these food items shall be served in moderate quantity.

7. The Canteen, Cafeteria, Mess etc. of an educational institution, and shopkeepers, vendors, food business operators, etc within hundred (100) meters radius of an educational institution may produce, manufacture, sell, supply and/or serve the food items as mentioned in the category of "Green Labeled Food" in these rules to all age groups of students, and these food items shall be,-

- (a) Available every day.
- (b) Included as the main choices on Canteen menu.
- (c) Presented in attractive and interesting ways.
- (d) Promoted as tasty and good value choices.

8. (1) The Canteen, Cafeteria, Mess etc, of all the educational institutions, and shopkeepers, vendors, food business operators etc. within hundred (100) meters radius of an Educational Institution shall follow the standards of hygiene and best food handling practices as prescribed under the relevant laws enforced from time to time.

 (2) The owner of Canteen, Cafeteria, Mess etc. of all educational institutions at all levels and shopkeepers, vendors, food business operators etc. within hundred (100) meters radius of an educational institution shall make it mandatory for the food handlers to have training on hygiene and food handling practices in a manner prescribed by the Balochistan Food Authority.


(3) That every educational institution shall formulate its own monitoring committee headed by the principal of educational institution; however, in case of universities, any authorized person may be appointed as the head of such committee, in order to implement these rules.

9. The parent of a student or any other person may register his/her complaint with Balochistan Food Authority in case of violation of these rules.

10. In case of violation in part or in total of these rules by Canteens, Cafeteria, Mess etc, of an educational institution the owner/manager of such Canteen, Cafeteria, Mess etc. and the owner/management of such educational institution shall be held jointly responsible; while in case of shopkeeper, vendor, food business operator, etc. within hundred (100) meter radius of an educational institution, the owner/manager of any such establishment shall be held

**Schedule - A**

(See rule – 4)

<b><u>GREEN LABELED FOOD</u></b> <b>ALWAYS ON THE MENU</b> <b>( As per standards defined by the Balochistan Food Authority Rules, 2022)</b>	
<b>FOOD GROUPS</b>	<b>EXAMPLES</b>
<b>Drinks</b>	(i) Portable/clean drinking water. (ii) Seasonal fresh fruit juices.
<b>Fruits &amp; Vegetables</b>	(i) Seasonal fruits. (ii) Cream chaat. (iii) Fruit chaat. (iv) Salads. (v) Roasted, fried, grilled and steamed vegetables.
<b>Grain, Cereal and Pulses Products</b>	(i) Bread/Toast. (ii) Pasta. (iii) Rice. (iv) Pizza. 
<b>Dairy and Dairy Products</b>	(i) Milk (ii) Fortified dairy products (iii) Flavoured ( permissible) milk (iv) Milk Shakes (v) Yogurt (vi) Flavoured Yogurt (vii) Fruit Yogurt (viii) Lassi. (ix) Smoothies
<b>Meat, Poultry and its Products</b>	(i) Sandwich (ii) Eggs ( fried, boiled and omelette etc). (iii) Roasted, fried, grilled and steamed meat. (iv) Sausages. (v) Meat balls

**Schedule - B**

**YELLOW LABELED FOOD**


**ALWAYS ON THE MENU**

**( As per standards defined by the Balochistan Food Authority Rules, 2022)**

<b>FOOD GROUPS</b>		<b>EXAMPLES</b>
<b>Processed Food</b>	<b>Drinks</b>	(i) Tea and coffee (only for adult).  (ii) Packed fruit juices.
	<b>Fruits &amp; Vegetables</b>	(i) Canned fruits. (ii) French fries.
	<b>Grain, Cereal and Pulses Products</b>	(i) Biscuits. (ii) Naan. (iii) Shawrma. (iv) Rolls. (v) Patties. (vi) Samosy. (vii) Burger. (viii) Muffins, cups, cakes and pastries. (ix) Other bakery items.
	<b>Dairy and Dairy Products</b>	(i) Ice cream. (ii) Frozen desserts.
	<b>Meat, Poultry and its products</b>	(i) Nuggets. (ii) Various types of Kababs.
		(i) Sweets. (ii) Toffees. (iii) Candies. (iv) Chocolate.

Schedule - C

<b>RED LABELED FOOD</b>	
<b>ALWAYS ON THE MENU</b>	
<b>( Ss per standard defined by the Balochistan Food Authority Rules, 2022)</b>	
<b>FOOD GROUPS</b>	<b>EXAMPLES</b>
<b>Processed Food</b>	<b>Drinks</b> (i) Carbonated Drinks. (ii) Energy Drinks. (iii) Synthetic Drinks.
	<b>Food Products containing unsuitable food additives.</b> (i) Food Products Containing MSG. (ii) Food Products Containing Tartaric Acid. (iii) Cotton Candy. (iv) Gatta. (v) Golla Ganda. (vi) Ice Lollies etc.

  
(Muhammad Naeem Bazai)  
Director General